



CONTINUUM OF CARE

 The Center for
Great Expectations

IMPACT REPORT

— 2024 —

CONTINUUM OF CARE





Dear Friends,

I am pleased to share with you our annual Impact Report, featuring a myriad of ways that your generous support and partnership with us has impacted countless lives throughout our Continuum of Care. These positive measures have a lasting value which may be sustained for years, or even beyond a client's life, extending to the next generation. This is one of the goals through trauma-informed care, namely, breaking the generational cycle of abuse and neglect.



As CEO, my role is to form collaborations with individuals, organizations, and other entities who, through their own expertise, philanthropy, and values, magnify our work. This extends our reach and allows us to create large-scale impact and outcomes to issues in which we have the distinct expertise to address.

Here are just a few examples of our 2024 collaborations and initiatives:

• **New and expanded initiatives include:**

- CGE is in the second year of creating a cutting-edge model called the Relational Recovery Model. The model fills an important gap in this service arena, integrating 26 years of trauma informed treatment and Early Relational Health.
- Expanding the Partnership with RWJBarnabas Health to CGE's community-based in-home program, START, providing case management, clinical services, and peer support for women presenting with substance use and mental health disorders.
- Developed a comprehensive syllabus of "Training and Consultation for Hospital Systems" and a comparable list for "Clinical and Community Settings" to provide our expertise in the field.
- Developing partnerships to grow CGE's expertise in digital learning platforms as a strategy for scaling The Institute of CGE.
- Partnering with Havas Heath to create a 10-part digital series based on the CGE documentary "Mending Marissa". The series will focus on individual stories highlighting CGE and the tremendous work taking place.

• **Presentations in the field:**

- Pediatric Grand Rounds for Atlantic Health System (Morristown Memorial Hospital) addressing "Trauma and Early Relational Health: Application in Pediatric Settings."
- CGE's Continuum of Care presented to the Quality Improvement Program at Hackensack Meridian Health, expanding venues for client referrals to CGE.
- Office of Resilience for the State of New Jersey supported CGE's designation as the site for New Jersey's Complex Trauma Training Consortium.
- Presentation at national conferences and publication of numerous articles by CGE's clinical research department

I trust that these examples illustrate our energy, our initiative, and our continued aspiration to touch as many lives as possible through our clinical expertise and culture of healing and growth.

As always, I invite you to call, write, or visit me to see CGE in person. If you have never been here, or have not been here in a while, consider setting time aside for a tour and to meet our wonderful staff.

With gratitude,

Peg Wright, Founder and CEO



Program Stats

KEY POINTS FROM POST-DISCHARGE OUTCOMES SURVEY OF ADULT RESIDENTIAL WOMEN

After completing the program, Adult Residential Women are assessed at 3-, 6-, 9- and 12-months post-discharge. Impact Report data was collectively reported over 12 months in 2024.

83%

of clients report having stable housing

73%

have maintained their sobriety since discharge, compared to a national average of 40-60%

Adult Residential has had a 100% reunification rate two-years in a row, compared to the national average of approximately 45%
100% of residential clients said CGE made them feel safe and supported.

SUCCESSFUL COMPLETION RATES FOR 2024

Adult Residential Program

54.5%

compared to SAMHSA national average of 44%

Adolescent Residential Program

57.1%

compared to SAMHSA national average of 44%

The daily cost of operating CGE programs was approximately \$24,000 in 2024.

Roots to Recovery median length of stay was 24.1 weeks (168 days) as compared to the national average of 57 days

Client Satisfaction is 100% for both residential houses, and 93% overall for all CGE programs, compared to a national average of 70-80%

Removal prevention:

Adult Program prevented 6 removals | START prevented 10 removals | Supportive Housing prevented 2 Removals

Educational Advancement:

One client graduated with her Bachelors of nursing and completed her NCLEX exam
Another client graduated with her Medical Assistant certification.
Two clients began classes for their bachelors in nursing and behavioral sciences.

START:

2023- total 39 clients and 76,440 total session minutes | 2024- 53 total clients and 118,555 total session minutes.

Katy's Place:

Average number of hours per week per child 35 | Number of meals and snacks served 5,117
Number of volunteer hours 632

CONTINUUM OF CARE *explanation*

The term “continuum of care” refers to a comprehensive, coordinated approach to care that ensures clients receive the appropriate level of care across different stages of their recovery journey. This includes residential treatment, supportive housing, START the community-based program, Katy’s Place Child Development Center and Roots to Recovery our Intensive Outpatient Program. The goal is to provide seamless transitions between different types of care, ensuring that clients’ needs are met efficiently and effectively. It is a healthcare journey where all the steps are connected. This way, gaps are minimized, and each phase of care is designed to be part of a larger, cohesive individualized plan.



“A few years ago, there was a client in the Adolescent Program who wanted to go into the army. During her stay at CGE she attended Franklin High School and became a part of the ROTC program. She graduated from Franklin High School, later entering the military.”
Shared by an RA

Adolescent Residential
Adult Residential

“One of our moms had an emergency and was admitted to the hospital. She was left unable to care for her newborn. The staff came up with a plan to take turns caring for her newborn who certainly needed the extra TLC while being away from her mother. It was not easy for mom to be without her baby, but we assured mom that her daughter was in the best care with our loving CGE staff.” Mary Jean DiRoberto, Manager, Katy’s Place Child Development Center

“The Center for Great Expectations has lived up to it’s name. They taught me how to forgive myself and to see myself as the innocent girl I used to be. I learned to love her and remember she still lives in me. No more am I a prisoner of my history. I am breaking the chains... she deserves to be free.” SS



Supportive Housing

Katy’s Place

START

“At the completion of the IOP program, I was offered housing. I decided to further my education and enrolled in nursing school. I am mere weeks away from the career of my dreams and better pay, a better car, and even a house!! All this because I was given the chance through the program to get the education I needed while being able to still provide and care for my family. The Center for Great Expectations is a life saver, and I will forever support the cause!” CB



“I’ve been to other outpatient programs, and I felt like I was just another addict to them. Here I feel like they take time to understand me and what my needs are as an individual; the goals I have and how they can help me reach them. They cared when I didn’t. Now I care because they taught me how.” MK

Roots to Recovery



“During this past year, I remained in the START program and Roots to Recovery. I put my son in daycare, completed Peer Recovery Specialist Program and began my internship. Most recently I paid my fines and got my license back and received a job offer for a position I began working in early September. I have consistently been a good mom who is attentive and determined to continue to make a good life for myself and my son, to grow in my career and to remain dedicated to my life in sobriety.” BL

EARLY RELATIONAL HEALTH (ERH)

ERH provides opportunities to build resilience from gestation through age five by fostering a secure attachment between parent and child.

- Children in ERH programs show better emotional control, cognitive growth, and communication skills due to improved caregiver-child interactions.
- ERH programs also protect children from the negative effects of early trauma by building strong, supportive relationships.
- ERH programs create lasting benefits, such as better academic performance and fewer behavioral problems as children grow older.
- Parents, especially mothers, experience reduced stress and anxiety after participating in ERH programs that support bonding and emotional resilience.
- Why ERH in a Substance Use Program? In one study, women who lost custody of a child had a 35% increased chance of a non-fatal overdose.

Measurement-Based Care

CGE collaborates with Rutgers School of Social Work to consistently collect and analyze client treatment data to ensure the best possible outcomes.

ERH outcomes in the Adult Residential Program

- All infants and toddlers in CGEs care for 2024 improved in all areas, with some children moving from an ‘Area of Need’ to a ‘Typical Range’, and all were in the ‘Strengths’ score range for ‘Total Protective Factors’.
- All residential mothers showed a 22.3% increase in Parental Empathy, and a 15.8% decrease in Dysfunctional Interactions.
- Consistent with findings earlier this year, infants and toddlers are showing significant decreases in Fear, and Rate of Recovery from Distress. They are also showing increases in Cuddliness, Smiles and Laughter, and more interest in new people and things.



GRATITUDE BEYOND WORDS

The 2024 CGE Budget was \$9.2 million. \$2.2 million or 24% of the budget was raised thanks to the generosity of the CGE community through monetary donations, foundation and corporate grants, State and local grants, events, and in-kind contributions.

Thank you to friends and supporters of CGE.

“I can’t express in words how grateful I am that I was able to spend my son’s 4th birthday with him and make it special. He hasn’t had a lot of times like that with me. Thank you so much for making that happen. Being here and working on my self is hard and I don’t think I could do it if I wasn’t always so comfortable here. I know that you made that happen. Please know that what you do for us is so, so appreciated! Knowing there are kind people like you gave me hope!” AR



The Institute of CGE provides relationally based, trauma-attuned professional development and consulting services to foster connections, weaving a stronger social fabric to promote resilience within the larger community; clinical and community settings, school environments and workforce culture.

The **Educator Self-Efficacy Scale** is a measure that looks at self-efficacy in teachers and educators. A teacher’s sense of self-efficacy has been related to student outcomes and is influential in the educator-student dyad. Efficacy impacts their approach to teaching and therefore how it is received by students.

Trends reflected in ESSES Scores from training held in the New Mexico Children’s System of Care.

Question	Pre-Training (Strongly or Somewhat Agree)	Post-Training (Strongly or Somewhat Agree)	Percent Increase
If I try really hard, I can get through to the most difficult or unmotivated youth.	70.46%	83.88%	+13.42%
How much can you do to get youth to believe they can do well in schoolwork and other activities?	69.02%	82.71%	+13.69%
How well can you establish routines to keep activities running smoothly?	64.81%	83.26%	+18.45%
How much can you do to control disruptive behavior among youths?	59.08%	75.7%	+16.62%



The Center for
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UPCOMING EVENTS



Hope Take Flight Luncheon and Spring Market

April 11, 2025 | Fiddler's Elbow Country Club



Ken Daneyko Golf Classic & Pickleball Round Robin Tournament

July 15, 2025 | Fiddler's Elbow Country Club



Hope Lives Here Gala

November 7, 2025 | The Marigold