



The Center for Great Expectations

Embracing change. Empowering futures.

We are here for you.

The Center for Great Expectations provides a continuum of community-based programs, creating a safe place, a safe presence and a safe path for those we serve. Three of these programs are open to the public with clinical staff trained in a number of evidenced-based practices, focusing on mental health and wellness, the effects of trauma and substance use disorder.



The S.T.A.R.T. program provides free telehealth/in-home services for pregnant and postpartum persons, striving to overcome use of alcohol and other substances. Licensed clinicians offer counseling tailored to the needs of mothers in recovery. Certified doulas provide birth education, support at the hospital and honor the transition to motherhood as a rite of passage. Peer recovery specialists bring the expertise and perspective of someone who has reclaimed their life and gained freedom through sobriety. To set up a consultation, call (732) 247-7003 ext. 422, text (732) 434-8577 or email cflynn@cge-nj.org to set up a consultation.



Roots to Recovery Outpatient Services is offering a full array of virtual substance use and mental health treatment services, including Intensive Outpatient and recovery support. We provide individualized assessments and evaluations to inform client-centered treatment plans, which include virtual individual and group therapy, psychiatric care, Medicated Assisted Treatment (MAT), case management and peer support. For an intake appointment, scheduled at your convenience, call (732) 993-6403 ext. 414.



The CTARI Institute™

Aware. Attuned. Aligned.

The CTARI Institute, the training and consulting subsidiary of The Center for Great Expectations, is offering weekly free virtual support webinars to the public on a variety of topics including trauma, parenting teenagers, the Nurtured Heart Approach®, mindfulness and more. To see the full array of these 40-minute offerings, visit <https://www.cge-nj.org/ctari-in-the-community/>.

www.cge-nj.org