



Join us for a day long conference on Treating Adults and Adolescents with Substance Use Disorder

on Friday December 7, 2018

8:00 am to 3:30 pm

Up to 5.5 CE Credits *

Trauma at the Core: Treating Adults and Adolescents with Substance Use Disorder

**Raritan Valley Community College /RVCC Conference Center Grand Conference Room
118 Lamington Road, Branchburg, NJ 08876**

Keynote Speaker:

Lisa Najavits, PhD

Featured Speakers include:

John Briere, PhD

Denise Hien, PhD

Debbie Ruisard, DSW, LCSW, LACDC

Intervention led by CGE staff

Panel led by Daytop NJ, Eva's Village and CGE staff

Conference Objectives:

- Gain an overview of the conceptual models for understanding the relationship between trauma exposure, PTSD and substance use comorbidity;
- Describe the major effects of complex trauma on adolescents and adults;
- Understand the similarities and differences in treating adults and adolescents with trauma and substance use disorders;
- Learn how to use the Seeking Safety Curriculum;
- Learn how to adapt the Best Self Model for clinical treatment;
- Understand and experience body based trauma interventions for use in clinical practice;
- Describe the advantages and challenges of implementing Attachment, Regulation & Competency intervention in a substance use treatment environment.

The Center for Great Expectations is a recipient of a five year National Child Traumatic Stress Initiative Category III Community Treatment Services Center Grant.

Registration Fee: \$75 thru 11/9, \$95 after 11/9 (full refund if canceled before 11/23/18, no refunds after this date)

Registration is available online <https://www.cge-nj.org/events/cges-annual-trauma-conference/> or complete and return the form below.

Please complete and mail to Center for Great Expectations, Trauma Conference, 19B Dellwood Lane, Somerset, NJ 08873

Name _____ License # _____ Type: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Payment information: Visa Mastercard Amex Discover

Check # _____ Enclosed Total \$ _____ Credit card # _____ Exp date _____

Signature _____ Security Code _____

Billing Address on Card if different from registration address: Name _____

Address: _____ City _____ St _____ Zip _____

*Please contact Dr. Debra Ruisard at druisard@cge-nj.org for information about continuing education credits for social workers. Application has been made to additional professional regulatory boards for continuing education credits. Participants are encouraged to check with Dr. Ruisard for updates regarding these approvals for up to 5.5 continuing education credits.

Approximately 75% of individuals with substance use disorders have experienced significant trauma. The implications of trauma are extensive and potentially multigenerational, leading to mental health issues, substance abuse, emotional, behavioral and relational difficulties. Trauma-informed care is an advanced, innovative, evidence-based clinical approach that addresses the underlying trauma as the core component of substance use and mental health disorders. By developing and enhancing the knowledge and skills of clinicians, we expect to improve the quality of care provided to this population and improve treatment outcomes. Trauma-informed care and its treatment model have the potential to be replicated with individual providers and throughout the fields of substance abuse and mental health treatment.

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| 7:45 am-8:15 am | Registration/Light Breakfast |
| 8:15 am to 8:30 am | Welcome/Introduction |
| 8:30 am-9:00 am | At the Crossroads: Evidence-based Treatments for Traumatic Stress and Addictions Dr. Denise Hien, Ph.D, Rutgers University Center of Alcohol Studies |
| 9:00 am-10:15 am | Treating Trauma and Addiction in Adolescents John Briere, Ph.D, USC Adolescent Trauma Training Center |
| 10:15 am-10:30 am | Break |
| 10:30 am-11:45 am | Seeking Safety Lisa Najavits, Ph.D, Treatment Innovations |
| 11:45 am-12:30 pm | Lunch |
| 12:30 pm-2:00 pm | Workshops |
| Track 1 | Best Self: A new model for trauma, addiction, or both Lisa Najavits, Ph.D, Treatment Innovations |
| Track 2 | Integrative Treatment of Complex Trauma for Adolescents John Briere, Ph.D, USC Adolescent Trauma Training Center |
| Track 3 | Body-based Interventions Dr. Debra Ruisard, DSW, LCSW, LCADC, Carolyn Flynn, M.A., LAC, NCC, and Donna Castelblanco, The Center for Great Expectations Scarlet Gorton, LSW, Sound Vibrations |
| 2:00 pm-2:15 pm | Break |
| 2:15 pm-3:15 pm | Embedding ARC into Substance Use Disorder Treatment: A Panel Discussion Cathy Lawson, LCSW, LCADC, The Center for Great Expectations Eriach Fox, MHS and Kim O'Connor, LCSW, Daytop Leslie DeBlasio, LPC, LCADC, ACS, CCS, NCC, CCTP, Eva's Village |
| 3:15 pm-3:30 pm | Closing remarks: Trauma C.A.R.E. Dr. Debra Ruisard, DSW, LCSW, LCADC The Center for Great Expectations |