



The Center for Great Expectations

Embracing change. Empowering futures.

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Center News

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Golfing to Help the Center

There are **two opportunities** this summer to enjoy the game of golf while benefiting the mothers and children at CGE!

Our annual **Ken Daneyko Golf Classic is Thursday, July 11th** at Suburban Golf Club in Union, NJ, a magnificent A.W. Tillinghast designed course. Join us at 10am for brunch and bring your autograph pen - in addition to Devils' legend Ken Daneyko, former heavyweight boxing champ Gerry Cooney, and the NJ Devil himself, we're also expecting: NHL network analyst, Billy Jaffe; Former NJ Devils Grant Marshall and Jimmy Dowd; former NY Rangers Nick Fotiu and Ron Greschner, and Ron Duguay; former NY Jet Ray Lucas; former NY Giant Lee Rouson; Superbowl champ Tony Siragusa; and former NY Yankee David Wells. Many are available to be in your foursome - call Ed Stankiewicz, Golf Chairman, at 908-930-9355.

There's a shotgun start at noon - and you've got to be golfing to get a chance at the par 3 hole-in-one contest, featuring a car donated by Fullerton! Golf is followed by a cocktail reception, auction and fabulous dinner, when a young graduate of CGE will share her story of the challenges she has faced and how the Center's programs have helped.

The Barclays at Liberty National, August 20 - 25th, is a premier tournament featuring the PGA's top golfers. The Center is a registered charity for tournament - if you purchase your day ticket or week grounds ticket using our promo code of **BACKSWING13**, the **Center will receive 75% of that ticket price**, thanks to the TICKETSforeCHARITY program.

Please consider not only attending the Barclays, but being an ambassador for the Center - sign up your friends, company, and golf club! Many corporations are buying blocks of tickets, and we need you to ask them to use our code **BACKSWING13!**

Email info@cge-nj.org for more details, or log on to http://www.cge-nj.org/golf_classic.aspx - links to purchase tickets are at the bottom of the page!



Let's Celebrate Life...2013 to date

9 Healthy Births!

6 Mother - Child Reunifications!

Adult Women's Program

- 7 mothers graduated CGE and remain successful in their recovery

Adolescent Program - of our young mothers

- 2 are graduating High School in June
- 1 completed her GED
- 1 is going to the prom
- 2 completed internships, and are now employed!

Spring Break...at the Center?

Yes! For college students taking an Alternative Spring Break, it means spending the week helping others. This March we were visited by two groups that found CGE through New Jersey's Center for FaithJustice. Our first group - Tricia, Abbie, Sharon, Leah and Maribel traveled here in a van from Mercy College of Ohio, where they are pursuing studies of nursing and healthcare. Our second group flew in - all the way from the West Coast! Organized by Inn University Ministries, students from

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Portland's Western Washington University - Sarah, William, Charity, Jeevan, Elise Jacob and Hope - each raised the money to buy their own plane ticket here.

Both groups spent their week Spring cleaning and organizing at the Center's homes. Fun? "Absolutely!" William assured us. "We all wanted to do something productive this week - many of us just met, and we are having a blast together, and we get to help your staff, and the moms and families here." Their positivity was infectious, and their dedication to service and social justice, inspiring.



How Your Dollar Helps

\$6,250 a month

Sponsors a pregnant woman for 30 days at CGE

- *Providing necessities of shelter, nutrition, clothing; over 80 hours of intensive counseling for trauma & addictions; pre and post natal care; Parent/infant mental health; life and coping skills; continuation of education*
- *Resulting in: a healthy delivery, a healthy infant, and a physically, emotionally and spiritually healthier mother*

Compare to:

\$25,000 a month

approximate cost of a 30 day stay in a private, inpatient rehabilitation facility

\$90,000 a month

approximate daily cost for a premature infant in a hospital's NICU is \$3,000



Please open your heart to help us help our families

Healing

When most of us are home from work and cleaning up after dinner, volunteer Kadian Grant is just heading over to the Center for Great Expectations, where she offers her optional Reiki program to our adult clients. Reiki is an alternative Eastern technique for stress reduction

and relaxation that is said to promote balance and healing.

We asked Kadian about her dedication to the Center. "I came to the Center because I am passionate about helping others live a more fulfilled and purposeful life, despite one's beginning and background."

As the women learn about their own energy, they embrace how uniquely made they are. "My compassion and absence of judgment allows them to share their feelings,"

said Kadian. "I am honored and blessed that they are a part of my own personal journey. They afford me the greatest opportunity one human being can share with another - the gift of giving, and for that I am grateful for each and every one of them."

"During the first session with each client, I let them know that where they are today is not their destination, or their destiny. They've taken a slight detour from a life filled with purpose and joy, and the Center and I are here to help them get back on track to that original life plan."

For our mothers who have experienced great trauma in their lives, the safety and compassion provided by the Center, its programs, and volunteers like Kadian afford each woman with the first steps toward rebuilding self-esteem. In Kadian's words, "I am simply here to remind them of their greatness - something they've never been told, or have lost along the way."

You can read more about Reiki Master Kadian Grant, and her services and commitment to helping others at www.healing4tomorrow.com.



Coldwell Banker Cares!

It is the kind of community outreach that makes our day! The agents of Coldwell Banker Residential Brokerage Warren/Watchung office, led by agent Elaine Uhl, hosted a two-day garage sale to benefit the Center for Great Expectations.

Over 30 associates donated their time and talent, accepting and sorting donations for an entire week. On the April 25-26 sale days, the weather was perfect, and tables displayed home goods, clothing, jewelry, children's toys, and more. They even included a bake

sale, and their hard work added up to a whopping \$2,700 donation for CGE!

Elaine and two committee members visited CGE on Monday, June 3, to present the check and take a tour. Agent Paula Atamanchuk told us of the generosity of those that shopped. "At the jewelry table, there was no haggling - people heard about the Center's mission and even said 'keep the change!'" Thanks to agent Susan Tucker for introducing the Center to the Coldwell Banker team! Other committee members included Joanne Byrne, Marie Billingsby and Pat Plante. Congrats to Coldwell Banker on its community outreach and supporting its associates in impacting those who are truly in need!



Mother's Day

It's a day that brings us wonderful loving memories of our moms, whether living or passed on.

For many of the Center's young women, childhood memories of Mother's Day are not happy – their own mothers were absent physically, others emotionally; some were their first abusers; others stood by as the abuse occurred; none gave the love or nurturing we all associate with 'mother'.

Thanks to you, our donors, we provide the counseling needed for clients to overcome the loss and trauma experienced when they were so young. And with our new clinical focus on Maternal/Infant Mental Health, our young mothers are learning what it means to nurture their baby - learning that as a mother, she is providing

the critical, first, loving relationship in her child's life. As we say, it's all about 'breaking the cycle'.

This Mother's Day, the children of Our Lady of Victories, Baptistown, under the guidance of Sue Fox, sent a box full of handmade cards for our young mothers. For most, it was their first Mother's Day card – but we know their future will hold many happy May Sundays, full of love and cards from their own child. And to those of you who donated to help our mothers, in honor of your mothers, we thank you!



The Window is Still Open - help yourself and help our mothers!



Did you know that starting with the year you turn 70 ½, it is an IRS requirement that you take your first Required Minimum Distribution from your retirement savings - regardless of whether you are retired or not? Those first and subsequent RMDs are taxed at your then-current income tax rate. And, if you fail to

withdraw the RMD, you get penalized - the tax rate jumps to **50%!**

Is there a way to take your RMD in 2013 and not have it increase your tax due? Yes, if you donate to a charity directly from your IRA. Thanks to the American Tax Relief Act of 2012 you, the tax payer, have the right to do just

that - donate directly from your IRA to CGE, and have that amount count toward your RMD – and, that amount doesn't add to your taxable income!

But this opportunity is only good for the remaining months of 2013 – this qualified charitable distribution (QCD) can be made from your IRA (any amount up to \$100,000) and that distribution will count toward your RMD. Please contact your financial advisor for more information.

Why wait – witness the impact you can make on the future of a mother and child at CGE today. Your philanthropy today supports the choice our young mothers have made to 'break the cycle' – empowering themselves, their children, and the lives of future generations.

For more information on how you can help the families at the Center, please call Paula Delfs at (732) 247-7003 x33, or pdelfs@cge-nj.org.

RESIDENTIAL PROGRAMS

Residential treatment for homeless, pregnant adolescents, and their children; And homeless pregnant women with substance use disorders, and their children.

OUTPATIENT PROGRAM

Pregnant and/or parenting women with substance use and/or co-occurring disorders.

PERMANENT SUPPORTIVE HOUSING

16 apartment homes and supportive services for successful graduates and their children.



find us on facebook



Thank You!
We thank all of you that have helped the Center, including:
BWRHS Reach2Women, MetLife, Community Baptist Church, St. Mary's Stony-Hill Church, Rutgers Against Hunger, Our Lady of Lourdes Youth Group, Chubb, Collins Turner Construction, Collins Landscaping

2013 Calendar of Events

Join us!

- Jul 11 Annual Ken Daneyko Golf Classic Suburban Golf Course, Union, NJ
- Aug 20 The Barclays at Liberty National (thru Aug 25) Use code BACKSWING13 to help CGE
- Sep 21 5K at TCNJ Sponsored by Catapult, Hamilton NJ
- Oct 25 Gift of Hope Gala Fiddler's Elbow Country Club, Bedminster, NJ

- Conduct a **Wish List drive** – diapers, wipes and crib sheets are at the top of our list, but just the beginning
 - Organize a **fundraiser** – donations & gift cards, host a party at home, run a car wash, collect change for the Center
 - Be an **Ambassador** – introduce the Center and distribute our newsletters to your friends, house of worship, workplace
 - Make an **online donation** now: www.cge-nj.org
 - **Matching gifts** from your employer can double your donations all year long
 - **Volunteer** - we have a need for your skills
 - Engage your **children in stewardship** – looking for a school, scout, religious ed or mitzvah project? Give us a call!
 - **Join us** at our upcoming events – enjoy a great time while knowing you are helping our mission
- Email info@cge-nj.org or call (732) 247-7003 x32.*